

# Download Cure Your Autoimmune And Inflammatory Disease

5 Nutrients To Heal Autoimmune Disease. With over 250 million people suffering from this disease worldwide, autoimmunity is becoming a prevalent and concerning health problem. Autoimmunity is when the immune system becomes uncoordinated and begins attacking itself. An autoimmune disease is a condition arising from an abnormal immune response to a normal body part. There are at least 80 types of autoimmune diseases. Nearly any body part can be involved. Common symptoms include low grade fever and feeling tired. Often symptoms come and go. Autoimmune diseases affect over 250 million people all around the world, and many more suffer from chronic inflammatory conditions (1). Given that we live in a world that puts high demands on our bodies, its no wonder we've become so sick. Healing autoimmune disease requires taking a good look at ...4. Helicobacter pylori infection. A study conducted in 1998 found a link between H. Pylori and autoimmune thyroid diseases like Graves' disease and Hashimoto's.